



HMPXV GUIDANCE FOR LANE COUNTY BUSINESSES AND SERVICE PROVIDERS





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OVERVIEW AND BACKGROUND

Monkeypox (hMPXV) is a viral disease that can cause flu-like symptoms and a rash. Human-to-human transmission of hmpxv virus usually occurs by direct contact with lesions or infected body fluids. A positive case is considered infectious until their rash is fully healed with a new layer of skin, which can take 2-4 weeks.

Some businesses and employees may be more at risk due to the level of regular skin-to-skin or close personal contact they may have with clients through the services they provide.

Certain businesses or services may include:

- Bars
- Clubs
- Bathhouses
- Saunas
- Salons; including nails, waxing, or hair removal
- Massage
- Alternative Care Medicine
- Hotels/Motels
- Gyms
- Tattoo shops

PRESENTATION, COMMON SIGNS AND SYMPTOMS

Symptoms of hmpxv can include:

- A rash that can look like pimples or blisters that appears on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus.
- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Respiratory symptoms (e.g. sore throat, nasal congestion, or cough)

People may experience all or only a couple symptoms.

Symptoms usually start within 3 weeks of exposure to the virus. The virus can be spread by a case from the time symptoms start until the rash has healed, all scabs have fallen off, and a fresh layer of skin has formed. (CDC)

<p>RISKS AND TRANSMISSION:</p>	<p>hMPXV spreads primarily through close skin-to-skin contact. This may include sex, cuddling, massage, hugging and kissing. Much less often, hMPXV could spread through contact with linens, clothing or other objects that have been in contact with hmpxv lesions. Large respiratory droplets or oral fluids that might come from prolonged face-to-face contact could also transmit the virus, but it is uncommon. (OHA)</p>
<p>HOW TO PROTECT EMPLOYEES:</p>	<ul style="list-style-type: none"> • Share information about hMPXV with employees. • Ask employees to stay home and seek testing if they have any symptoms. • Encourage employees to wash hands or use hand sanitizer frequently, wear gloves when touching used towels, bedding, clothing and other items used or worn by customers, and wear a well-fitting mask.)
<p>HOW TO COMMUNICATE WITH CLIENTS/ CUSTOMERS:</p>	<ul style="list-style-type: none"> • Ask clients and staff to stay home if they have any symptoms of hMPXV. • Develop screening questions for clients asking about symptoms of hMPXV, including having a new rash or unfamiliar lesions anywhere on their skin, swollen lymph nodes, or fever.
<p>HOW TO MANAGE AN EXPOSURE:</p>	<ul style="list-style-type: none"> • Individuals who believe they have been exposed to hMPXV should call Lane County Public Health (541) 682-4041. A vaccine is available for people who have been exposed. Vaccination is most effective within 14 days after exposure to reduce or prevent symptoms. Available clinics within our community can be found on our Lane County Public Health Vaccination website. • Testing is available for hMPXV. If you develop symptoms, see your primary care provider. If you don't have a provider, please call Lane County Public Health (541) 682-4041.
<p>WHEN TO RETURN TO WORK:</p>	<p>For more guidance on when employees can return to work, please visit OHA's Isolation, Infection Control, and Prevention Guidance.</p>

**CONTACTING
LANE
COUNTY PUBLIC
HEALTH**

For more information or to report exposures of Monkeypox, please [visit our website](#) call Lane County Public Health (541) 682-4041.

**REFERENCES
AND HELPFUL
DOCUMENTS:**

CDC: [Monkeypox Signs and Symptoms](#)

CDC: [Disinfecting Home and Other Non-Healthcare Settings](#)

OHA: [Monkeypox Homepage](#)

OHA: [Isolation, Infection Control, and Prevention Guidance](#)



PUBLIC HEALTH

PREVENT. PROMOTE. PROTECT